



Press Release

25th September 2008

Career Guidance Service for Kilkenny Students

Strong CAO competition has resulted in increased demand for career guidance services

The latest CAO round for 2008 saw applications from over 68,000 students and shows increased competition for courses in medicine, engineering and teaching. In line with heightened competition, Ossory Youth is offering a dedicated career guidance service for Kilkenny students running every Tuesday evening from 5.15-8 pm, from now until the end of January 2009 at Ossory Youth's 'The Workhouse' youth space and information centre.

Ossory Youth's career guidance service is being run to support and help young people with tough decisions on their future course and career choices. The service will be run by Career Guidance Counsellor, Declan Murphy who has found that the most common areas of stress for young people include Leaving Certificate choices, career direction, CAO forms and required exam results for certain career options.

"Pressure on young people to make choices which will have a significant impact on their early adult life can be very stressful. Our career guidance service can help students with advice and support on all their options" says Jane Furey of Ossory Youth.

Ossory Youth hope this service will help young people make informed decisions about their future by discussing career options. Individual appointments are available for 45 minutes at a subsidised cost of €15.

As part of their career guidance programme, Ossory Youth will host a CAO information event on October 21st at The Workhouse from 6-8pm. The information evening will include information on the CAO form, the implications of course choices and the options of taking a year out. Also covered is what to do if you don't get the points you need. There will be the opportunity to discuss any career or CAO issues with Career Guidance Counsellor Declan Murphy after the main presentation. Tickets for this event are €2 each and are available now from Ossory Youth.

Ossory Youth is a voluntary, non-profit youth work organisation, providing The Workhouse information and youth centre and a range of youthwork projects, programmes and services for young people in Kilkenny and South County Laois. To make an appointment for the Career Guidance Service, call Jane Furey on 056-7761200 or e-mail jfurey@ossoryyouth.com.

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